

Vibrational Therapy

What is meant by vibrational therapy?

In nature, all energy, all matter is nothing more than a vibration, a frequency. The atoms in our body are miniature solar systems in constant motion. Quantum physics teaches that energy is never destroyed and that matter can be converted into energy. The universe is a constantly evolving system. Even today, researchers are discovering that the basic units of an atom – electrons, protons and neutrons – are not the fundamental building blocks. These are made up of even smaller and more amazing particles that defy our current understanding.

The ancient Taoists also believed that the universe was made up of matter and energy (refer to the article, Taoist Cosmology). In Chinese philosophy, they talk about the Three Treasures (San Bao) – Jing, Qi and Shen. Jing corresponds to physical substance, Qi to energy or life force and Shen to consciousness. All three are necessary for human life. All three affect each other, and disease can manifest at any of these three levels.

When acupuncturists insert a needle somewhere on the body, they are looking to access these three levels. The needle can be thought of as an antenna and focuses on a point in a Qi field. The field itself extends off the body and has dimension into the body. The Japanese call this point, Tsubo, a three dimensional point on the body.

In one way, this field can be accessed through tuning forks. Tuning forks are tuned according to various frequencies. The tuning forks that I use are tuned to the earth, moon, sun and other planets in the solar system. They give me the ability to affect change in different parts of the body in very focused ways. The tuning forks are used together on a point to create a healing interval. This is much like plucking two guitar strings at the same time or playing two violin strings in what is called double stops. A new sound happens. Some sound intervals are harmonious and healing. Some sound intervals are dissonant and break up stagnation. Some sound intervals are more penetrating than others. The tuning forks can be placed on very grounding points to treat constitutional deficiencies. Or they can even be used off the body. The effects are truly amazing. People report deep relaxation and relief from their original complaints.

Tuning forks are another tool I use to bring relief to people. They work very well on those who for any reason might be afraid to try acupuncture needles. They can work with all the Three Treasures – Jing, Qi and Shen, just like acupuncture can.